

# **Senior Living in Central Texas**

Organizations, Interest Groups and Helpful Services





### **Austin**

#### Alamo Recreation Center Senior Enrichment Program

With year-round programming for those 50 and up, activities include games, arts and crafts, fitness classes, field trips, speaker presentations and more. Offered Monday-Friday, 9 a.m.-1 p.m.

2100 Alamo St., Austin, 78722 512.974.5680 | austintexas.gov













#### **Asian American Resource Center**

Free meals for Austin residents who are 60+ are provided Monday-Thursday from 11:30 a.m.-12:30 p.m. Recreational and wellness activities, continuing education classes and an intergenerational garden are also included in the senior program. Limited transportation assistance available – please call or visit website for more details.

8401 Cameron Rd., Austin, 78754 512.974.1700 | austintexas.gov/page/senior-programs







#### **Austin Senior Golf Association**

The ASGA is open to all men and women who are at least 62 years of age and enjoy playing golf in a relaxed, yet competitive, environment.

512.418.2968 | austinsga.org







#### **Conley-Guerrero Senior Activity Center**

A 26,000-square-foot facility for persons 50+, this recreation center features exercise rooms, meeting rooms and a courtyard. 808 Nile St., Austin, 78702

512.978.2660 | austintexas.gov

Hours of Operation: Monday, Wednesday, Friday: 8 a.m.-5 p.m. Tuesday, Thursday: 8 a.m.-8 p.m.















#### **Gus Garcia Recreation Center**

Participate in recreational, educational, social and leisure opportunities and programs tailored specifically for seniors 50 years and up. Program hours are Monday-Friday, 9 a.m.-12:30 p.m. Registration fees may apply for specific classes or events - please call or visit website for more details.

1201 E. Rundberg Ln., Austin, 78753 512.978.2525 | austintexas.gov

















#### **Metz Recreation Center**

Seniors are invited to have a free cup of coffee while they enjoy playing loteria, dominos, cards, bingo and more. There are also bi-weekly shopping trips, tours and field trips. Program hours are Monday-Friday, 9 a.m.-12:30 p.m. Registration fees may apply for specific classes or events please call for more details.

2407 Canterbury St., Austin, 78702 512.478.8716 | austintexas.gov













#### **Old Bakery & Emporium**

A historic building located in downtown Austin, the Old Bakery offers people 50 years and over the opportunity to supplement their incomes and develop a second career. It operates as a consignment shop and art gallery exhibiting local artists 50 years or better, providing a positive image of older adults as gifted, contributing members of the community. 1006 Congress Ave., Austin, 78701 512.974.1300 | austintexas.gov/obemporium

#### **South Austin Senior Activity Center**

Located on 4.61 acres of beautiful parkland, amenities include a colorful community flower garden, plus rooms for ceramics, billiards, exercise, cooking, arts and crafts and other programs.

3911 Manchaca Rd., Austin, 78704 512.978.2400 | austintexas.gov Hours of Operation: Monday-Friday, 8 a.m.-5 p.m.













#### Senior Activity Center - Lamar

Offering instructed classes, health and wellness programs, educational seminars, workshops, trips, dances, volunteer opportunities, support groups, special events, meeting space and private rental space.

2874 Shoal Crest Ave., Austin, 78705 512.978.2480 | austintexas.gov Hours of Operation: Monday, 8:30 a.m.-8:30 p.m. Tuesday, Wednesday, Thursday, 8:30 a.m.-4:30 p.m. Friday, 8:30 a.m.-1:30 p.m., 6-10 p.m.









# Virginia L. Brown Recreation Center

The Virginia L. Brown senior program provides adults who are aged 50 and older an enjoyable atmosphere with a variety of activities and outings. Participate in special events, senior luncheons, fitness programs and building relationships with other seniors. Program hours are Monday-Friday, 9 a.m.-1 p.m.

7500 Blessing Ave., Austin, 78752 512.974.7865 | austintexas.gov













# Program Amenity Key

Optional Lunch Service

Transportation Provided

Health Awareness Programs

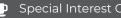
**Exercise Opportunities** 

Travel Opportunities

S Membership Fees



Donations Accepted



Special Interest Groups

#### YMCA of Austin Active Older Adult Programs

Through ongoing, fun, safe and engaging programs, Active Older Adult members build relationships and increase their self-confidence while celebrating the successes of each adult within their community. Each YMCA of Austin branch offers different programming - visit the website for more details. austinymca.org/programs/seniors













#### **Lakeway Activity Center**

A multi-use facility conducting, promoting and facilitating outstanding social, civic and recreational activities for people of all ages.

105 Cross Creek, Lakeway, 78734 512.261.1010 | lakeway-tx.gov







#### **Mobile Meals**

Lakeway residents who are temporarily or permanently unable to prepare meals for themselves and have no one caring for them are now able to request meal delivery through the Lake Travis Lions Club.

512.799.2924 | laketravislions.org/mobile-meals.html

# **Pflugerville**

#### Meals on Wheels Senior Lunch Program at the Pflugerville Community Center

A time for older adults to gather for games, physical activity, conversation and a shared nutritious lunchtime meal. Available Monday, Wednesday and Friday at 10 a.m. 15822 Foothill Farms Lp., Pflugerville, 78660 512.628.8185 | mealsonwheelscentraltexas.org









#### Pflugerville Library

Offering inclusive programming and services tailored for the 55+ audience, such as lectures, films, crafts and educational programs that reflect the wide interests of today's older adults. 1008 W. Pfluger St., Pflugerville, 78660 512.990.6375 | library.pflugervilletx.gov





#### **Pflugerville Recreation Center**

Social seniors age 55 and older meet at the Pflugerville Recreation Center. Participate in fitness classes, attend monthly luncheons, take trips, play games and much more. 400 Immanuel Rd., Pflugerville, 78660 512.990.6350 | parks.pflugervilletx.gov/seniors

## **Helpful Senior Assistance Services**

These organizations will take you where you need to go or help you meet other needs. Fees may apply – please call or visit website for details.

#### **AGE of Central Texas**

For over 30 years, AGE of Central Texas has offered a variety of services for older adults and caregivers. including adult day care, early memory loss support, health equipment lending, and computer and technology classes.

3710 Cedar St., Austin, 78705 512.451.4611 | ageofcentraltx.org

#### Capital City Village

An Austin-based nonprofit dedicated to helping seniors stay healthy and active in their homes and communities for as long as possible. Member benefits include enriching social activities, informational programs and a variety of supportive services. 512.524.2709 | capitalcityvillage.org

#### Caring Senior Service of Austin

Providing seniors with the help they need to live safely at home.

5555 N. Lamar Blvd., Ste. K-100, Austin, 78751 512.310.2273 | austin.caringseniorservice.com

#### Coming of Age

Coming of Age provides services and workshops for people 50+, in conjunction with non-profit organizations, with the purpose of strengthening communities and fostering civic engagement through volunteering, education and community advocacy. 100 IH-35 N., Ste. 3800, Austin, 78701 512.854.7787 | comingofageaustin.org

#### **Drive a Senior Network**

This organization connects Austin-area volunteer drivers with nearby seniors who live independently but are unable to drive.

3005 S. Lamar Blvd., Ste. D109, #435, Austin, 78704 512.456.8262 | driveasenior.org

#### Meals on Wheels Central Texas Meal Delivery Program

The meal delivery program provides home-delivered. prepared meals for seniors and other homebound clients throughout the Greater Austin area. Each recipient receives one hot meal per day during the week and may have an option of receiving supplemental frozen meals for the weekend. 512.476.6325 | mealsonwheelscentraltexas.org

#### **Senior Transportation Program**

Open to Austin residents 60 years and older, this program is designed to enhance the quality of life and promote independence among seniors. 512.974.1464 | austintexas.gov



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#### Buda

#### **Onion Creek Senior Center**

A place where seniors 50+ can participate in recreational, educational, social and leisure opportunities and programs. Transportation may also be scheduled through the City of Buda. 420 Bartons Xing, Buda, 78640 512.295.3413 | ocscbuda.org













# **Dripping Springs**

#### **Hill Country Senior Activity Center**

The Hill Country Senior Citizens Activity Center provides nutritious meals in a congregate setting. Seniors may also enjoy activities that include educational programs, games, physical fitness and general fellowship. Transportation is provided within the Dripping Springs area. For more information, please call or visit the website. Meals are served Monday-Friday at 12 p.m.

1310 Hwy. 290 W., Dripping Springs, 78620 512.858.4663 | hcseniorcenter.org Hours of Operation: Monday-Friday, 8:30 a.m.-4 p.m.



# **Kyle**

#### **Kyle Area Senior Zone**

Participate in a variety of social, educational, health and recreational activities for senior residents of the Kyle area. 101 S. Burleson St., Kyle, 78640 907.360.8435 | kasz.org













#### San Marcos

#### City of San Marcos Parks and Recreation 50+ Program

The primary objective of the 50+ program is to enhance the quality of life for active, older adults in San Marcos and the surrounding area. The goal is to promote a healthy, active lifestyle by providing quality informational, educational, physical and social enrichment opportunities.

501 E. Hopkins St., San Marcos, 78666 512.393.8400 | sanmarcostx.gov









#### **Price Senior Center**

A perfect place for socializing, games, quilting, education and many more activities. Lunch is served Monday-Friday, 11 a.m.-2 p.m., in the Tea Room.

222 W. San Antonio St., San Marcos, 78666 512.392.2900 | price-center.org











San Marcos Senior Citizens Center



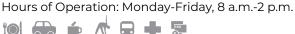
Participate in recreational activities such as field trips, arts and crafts, games and low-impact exercise programs. Additional services include nutritious meals, health screenings and assistance accessing other social services agencies. Registration fees may apply for certain events or activities - please call or visit website for more details. 810 Arizona St., San Marcos, 78666 512.392.2427 | communityaction.com













# Wimberley

#### **Wimberley Senior Center**

Located inside the Wimberley Community Center, the Wimberley Senior Center offers a variety of fun and educational programs for residents 55+. Activities include Tai Chi lessons, senior aerobics, line dancing, Zumba, field trips, games and much more.

14068 Ranch Rd. 12, Wimberley, 78676 512.847.1781 | wimberleyseniors.com











# **Program Amenity Key**

Optional Lunch Service

Transportation Provided

Special Interest Groups

**\$** Membership Fees

Exercise Opportunities

Travel Opportunities

Health Awareness Programs

Donations Accepted

# **Helpful Senior Assistance Services**

These organizations will take you where you need to go or help you meet other needs. Fees may apply – please call or visit website for details.

#### **Angels for Elders**

Delivering the services older citizens need to continue living independently in their own homes. 201 FM-3237, Ste. 124, Wimberley, 78676 512.847.7445 | angelsforelders.com

#### **CARTS (Capital Area Rural Transportation System)**

Provides flexible transportation options that are ideal for seniors outside the metro area. 512.478.7433 | ridecarts.com

#### **Caring Senior Service**

Providing affordable, non-medical services to seniors, giving them the control to safely age at home. 830.629.0509 | caringseniorservice.com/new-braunfels

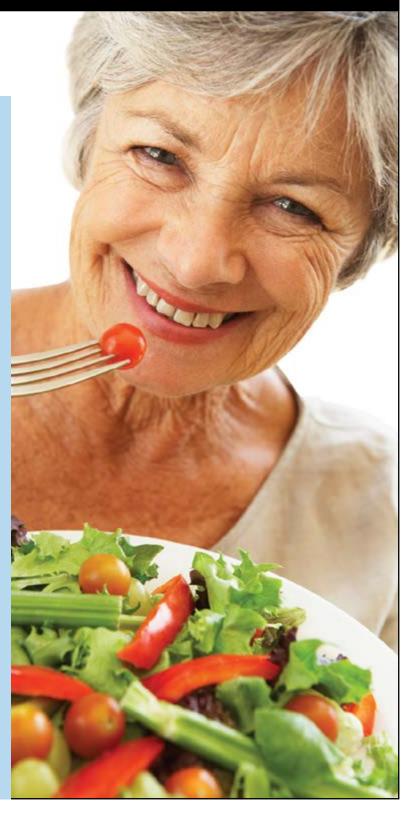
#### Combined Community Action's Senior Nutrition Program

Also known as Meals on Wheels, the CCA Senior Nutrition Program serves hot meals to persons who are 60 years of age and older in a congregate setting. Meals are also delivered to seniors who are homebound and unable to cook for themselves.

800.333.6325 | ccaction.com

#### **Congregate Meal Locations:**

- ▶ Buda United Methodist Church 302 Elm St., Buda, 78610 Monday-Friday, 8:30 a.m.-12:30 p.m.
- Kyle Old City Hall Building
   101 S. Burleson St., Kyle, 78640
   Monday-Friday, 9:30 a.m.-12:30 p.m.
- ► La Vista Apartments (San Marcos) 1615 Redwood Rd., San Marcos, 78666 Monday-Thursday, 10 a.m.-1 p.m.
- San Marcos Housing Authority Allen Woods 1201 Thorpe Ln., San Marcos, 78666 Monday-Friday, 9 a.m.-2 p.m.
- San Marcos Senior Center
   810 Arizona St., San Marcos, 78666
   Monday–Friday, 8 a.m.-2 p.m.
- ➤ Wimberley Civic Center 14050 Ranch Rd. 12, Wimberley, 78676 Tuesday-Thursday, 9 a.m.-12 p.m.





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#### **Cedar Park**

#### **Senior Circle**

Catered to seniors 50+, membership includes activities and events, exercise and wellness classes, a chapter newsletter and national publication subscription, in-hospital privileges, reciprocal privileges and much more.

1401 Medical Pkwy., Cedar Park, 78613 512.528.7000 | cedarparkregional.com









#### Treasure of the Hills Senior Activity Center

Offering seniors 50 and over the opportunity to participate in social gatherings including card games and board games, breakfasts and lunches, exercise classes, day trips, golfing, dancing and music. Participate in seminars, expos and citywide events that are designed to keep seniors a part of their community.

408 Ridgewood Dr., Cedar Park, 78613 512.331.6000 | toth-seniors.com Hours of Operation: Monday-Friday, 9 a.m.-3 p.m.













#### **Georgetown Recreation Center**

Participate in exercise, education, social and leisure opportunities for senior citizens 55+ living in the Georgetown community. Registration fees may apply for specific classes or events offered. See website or call for more details. 1003 N. Austin Ave., Georgetown, 78626

512.930.3596 | parks.georgetown.org/senior-programs







#### **Stonehaven Senior Center**

Located within Stonehaven Apartments, the Stonehaven Senior Center offers leisure activities, craft classes and games for Williamson County residents who are 62 years and up.

1704 Hart St., Georgetown, 78626 512.863.5141 | georgetownha.org/stonehaven.htm Hours of Operation: Monday-Friday, 8 a.m.-4 p.m.





#### Hutto

#### **Hutto Senior Activities**

The City of Hutto's Parks and Recreation Department offers various organized activities catered to seniors including walking groups, game days and movie nights. Check the Parks and Recreation page on the city website for details. 205 West St., Hutto, 78634 512.759.4008 | huttotx.gov





#### Leander

#### **Active Adult Trips Program**

Organized by Leander Parks and Recreation, these trips take place on the second and fourth Wednesday of each month and are open to anyone 50+. Trips are taken in 25-passenger buses and include an activity and lunch. Visit website for trip schedules and prices.

406 Municipal Dr., Leander, 78641 512.528.9909 | leandertx.gov/parksrec











## **Round Rock**

### Allen R. Baca Center for Senior and Community Activities

Participate in social, recreational and educational programs at this adult activity center, catered to ages 50+. The building includes a fitness facility, billiards room, arts and crafts room and library.

301 W. Bagdad Ave., Bldg. 2, Round Rock, 78664 512.218.5499 | roundrocktexas.gov Hours of Operation: Monday-Thursday, 8 a.m.-6 p.m. Friday, 8 a.m.-4 p.m.











### **Switzer Senior Center**

The Switzer Senior Center caters to seniors 60+ with a variety of recreational, social, educational and informational activities/classes. There is also a resource area that provides information about local services available to seniors.

410 W. 7th St., Taylor, 76574

512.352.3889

Hours of Operation: Monday-Friday, 8 a.m.-3 p.m.











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#### **Caring Senior Service of Austin**

Providing seniors with the help they need to live safely at home.

5555 N. Lamar Blvd., Ste. K-100, Austin, 78751 512.310.2273 | austin.caringseniorservice.com

#### Faith in Action Georgetown

Faith in Action Georgetown has been serving the senior adult community since 2001, by providing transportation for medical appointments, grocery shopping and personal errands. Other support services are also available, giving individuals the opportunity to gracefully age in place.

2995 Dawn Dr., Ste. 106, Georgetown, 78628 512.868.9544 | faithinactiongt.org

#### Meals on Wheels of Williamson & Burnet Counties

All meals are served daily at noon. In addition to congregate meals, home-delivered meals are also available for those who qualify. Please call or see website for more details.

512.763.1400 | mealsonwheels-williamsonburnet.org

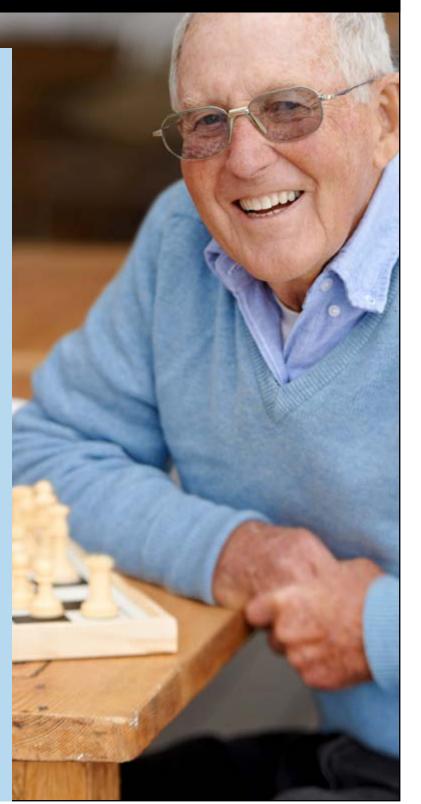
#### **Congregate Meal Locations:**

- Bagdad Activity Center
   351 N. Bagdad Rd., Leander, 78641
   Serving Cedar Park, Leander and Liberty Hill
- Allen R. Baca Center
   301 W. Bagdad Ave., Bldg. 2, Round Rock, 78664
   Serving the greater Round Rock area
- Madella Hilliard Neighborhood Center 803 W. 8th St., Georgetown, 78626 Serving Georgetown, Jarrell and Florence
- ➤ Taylor Senior Center 410 W. 7th St., Taylor, 76574 Serving Taylor, Bartlett and Thrall

#### **Senior Access**

Providing free transportation and support services that enhances independence and the quality of life for senior citizens.

2498 E. Palm Valley Blvd., Round Rock, 78665 512.310.1060 | senioraccesstx.org



# **Senior Living Communities**

### Heritage at Vizcaya, Round Rock

512.717.3195 | living.taylormorrison.com

Heritage at Vizcaya is a boutique retirement community for residents 55 years and better. The amenity-rich environment includes access to a state-of-the-art clubhouse with a gourmet catering kitchen, an Olympic-sized swimming pool, tennis, bocce ball, pickle ball and more. In addition to the resort-style amenities, there is an exciting range of recreational and social opportunities, complete with an on-site lifestyle director.

#### Heritage Oaks, Georgetown

heritageoaksgt.com

Heritage Oaks is an active adult community for vibrant, 55+ people who are on the move. Amenities include social events, a fitness center stocked with exercise equipment, library, craft and game area, billiards room and five walking trails.

#### **Kissing Tree, San Marcos**

512.379.5856 | kissingtree.com

Kissing Tree is a distinctly Texan community for those 55 and better, designed specifically with the active lifestyle of boomers in mind. Set on the banks of the Texas Hill Country, there are 18 floor plans and five architectural styles to choose from at Kissing Tree, not to mention an incredible collection of indoor and outdoor amenities. The 20-acre amenity campus includes an 18-hole golf course, eight pickleball courts, six bocce ball courts, putting greens, a social building with an indoor and outdoor bar, hiking trails and much more!

#### Longhorn Village, Austin

512.266.5600 | longhornvillage.com

Enjoy a truly luxurious, service-oriented senior living experience at Longhorn Village. With first-class services and amenities no other retirement community in Central Texas can offer, residents have the freedom to create the life they want to live. Located within the master-planned comunity of Steiner Ranch, Longhorn Village is perfectly situated near gorgeous Lake Travis and the prestigious University of Texas Golf Club.

#### Sun City, Georgetown

877.627.9700 | sctexas.org

With its breathtaking sunsets, endless Hill Country vistas and luxurious amenities, Sun City has become a destination for active adults with a passion for life. There is an abundance of recreation opportunities, with community amenities that include three championship golf courses, world-class fitness centers, swimming, tennis, pickleball, bocce, horseshoes and fishing ponds, plus miles of walking trails.

#### Tuscan Village, Lakeway

512.327.1200 | tuscanvillage.com

Tuscan Village Lakeway is a resort-style community for active adults 55+, offering a variety of home styles and sizes. In addition to the physical amenities, which are all within walking distance of each residence, Tuscan Village provides a plethora of activities and outings for all residents to enjoy. Resident programs include swimming and aerobic water classes, indoor exercise classes, challenging outdoor court games, seminars, plays, operas, movies and more.

